

OGrowth and Development for Ages 3 to 4

Between the ages of 3 and 4, children's thinking skills grow quickly. They start to think ahead and find creative ways to play. As their hands and fingers become stronger and more skillful, they also learn how to use tools like scissors and crayons.

They are moving beyond playing alone or with adults, and starting to enjoy playing with friends. As the Japanese saying goes, "We become human through our connections with others." This is the time when children truly start to become part of society. Let's gently support them as they learn to do things on their own, at their own pace.

Development Around Age 3

Physical Development

- Can jump with both feet.
- Can ride a tricycle.
- Can go up stairs by alternating feet.
- Can jump down from a low place.



Language Development

- Can speak in sentences.
(three words or more)
- Uses more expressions such as
"because," and "if."

Hand and Finger Skills

- Draws pictures on paper, although they may not yet resemble real objects.
- Makes simple shapes, such as balls, with clay.
- Uses scissors to cut.
- Uses a spoon independently.



Social Development

- Invites other children to play.
- Enjoys pretend play.
- Can urinate independently during the daytime.



●Everyday Experiences Help Children Grow

Daily experiences matter. Children's emotional development grows through everyday conversations and experiences.



●Keep a Healthy Daily Routine



"Going to bed early, getting up early, and eating breakfast" help children grow healthy in body and mind.

●Parents and Family Are Role Models

Children learn good habits by watching the people around them.

Family members can support healthy growth by setting a good example.



●Every Child Grows at Their Own Pace

Each child grows differently.

Height, weight, and development vary from child to child.

Please support your child's growth without comparing them with others.



Even if you are doing your best every day, as your child grows, you may have many worries -about their daily life, how they play, or their relationships with friends.

If you have any concerns or worries about raising your child, please feel free to talk to our department anytime.

